

NWNNCA

Northwest Navy Nurse Corps Association
Birthplace of NNCA

October 2024

Volume 29 Issue 1



Board Members:



President:

Nadyne Krienke

Vice-President:

Bonnie Bulach

Secretary:

Jamie Hammer

Treasurer:

Anne Mulligan

Member At Large:

Lyndon Capon

Membership:

Cathy Carter

Chair – Scholarship Comm:

Joline De Vos

ROTC Scholarship:

Madeline Ancelard

Hospitality/Sunshine

Comm: Marla Patterson

Editor: Frances Connor

President's Letter NWNNCA

As chapter president, I would like to thank the board and membership for all their dedication and time. Organizing meetings with guest speakers, reviewing scholarship applications, balancing the chapter's financial reports, ensuring membership is updated and our chapter's newsletters are formatted to inform chapter members of events. Additionally, our birthday cards sent each year definitely adds that personal touch.

Serving as chapter president has been a rewarding and a fun experience. The board has been extremely positive and supportive during my term. As my term as president expires this year, the chapter would like to open nominations for this position. In addition, nominations are open for Membership & Secretary. Please let Bonnie Bulach, Vice President know if you are interested in these positions. (Bonnie.bulach@gmail.com). Voting for these positions will be done at the Fall General Meeting October 12, 2024

Nadyne Krienke
President, NWNNCA



Treasurer's Report

I Our Checking has \$2188.00 and savings has \$11, 783.73.

Anne Mulligan Treasurer

Donations received from:

Judith Nakishima
Lyndon Capon
Jeannette Theriault
Marla Patterson
April Featherkile
Dot O'very
Joline Devos
Toni Lebel Edmonds
Betty Fish Ferguson
Anne Marie Nelson
Edith Maffeo
Maria Rossi
Nancy Zabel
Lisa Stephens
Judith Cooper
Anne Mulligan
Catherine Carter
Bonnie Bulach
Barbara O'Brien
Trudy Vering
Clarice Nash
Jamie Hammer
Wayne Donaldson
Paula O'Brien

Open Positions

The following positions are open and up for a vote at our October meeting:

President
Membership
Secretary

If you would like to be considered or know someone who would, please email any of the board members so we can get your name on the ballot.

Scholarship Committee

Another year of challenges for the Scholarship Committee. The applications this year were of even better quality than previous years. It seems each year it is harder to make decisions about who should receive our scholarship. Thanks to the generosity of our members we were able to award three scholarships again this year.

Our first recipient is Emilie Turpen who is currently a student at Carrol College who will be graduating in May of 2025. Emilie believes that holistic patient care with an emphasis on understanding the impact of mental health on the ability to heal is central to providing nursing care. After graduation she desires to help change the focus of medical care from disease management to preventive health care. She is receiving our main scholarship of \$1,500.

Ranking second is Dakota Rundell who attends Bushnell University and will graduate in December 2024. She is in an Accelerated BSN program. Her initial degree is in Public Health and Human Science from Oregon State University. Holistic patient care based upon the foundational principles of compassion, integrity, and excellence form the foundation of her patient care. She believes lifelong learning is essential to providing quality effective patient care. She is receiving a scholarship of \$1,000.

Our third recipient is Miguel Olide-Gomez. He currently attends Linfield University and will graduate in December 2024. He believes that clinical skills and critical thinking skills are essential to his ability provide quality holistic patient care. He will receive a \$500 scholarship.

Your scholarship committee, Bonnie Bulach, Joline Devos, and Karen MacNamara, appreciate your continued commitment to aid in the development of the next generation of nurses and your trust in us to make the award decisions.

**Joline I DeVos
Chair, NWNCA
Scholarship Committee**

Membership Corner



NWNNCA has 55 members as of 8/17/2024.

We increased from 52 to 55 this year. A 5.7692% increase so far this year! Thank you everyone for renewing and encouraging new members. Currently 46 of us hail from WA. Actually 47 by strict definition for our region as Maria L. Spends many months in Hawaii! 7 members hail from Oregon. 1 member is from Montana. No one currently from Alaska or Idaho.

Do remember to consider NWNNCA as one of your benevolent groups you include in dues and donations each year. Our donations support our ability to provide scholarships to deserving nursing students in our region. Remember our membership year runs from May to May. Renewing in April 2025 by May 1st keeps bookkeeping easier for national and your local board. (Again thank you all for renewing!) Our executive director, Mary Mahony, has really streamlined the online renewal process for both national dues as well as donations. If renewing online - mark your calendars to do so in April. For those waiting for the paper renewal form - completing it in April again helps bookkeeping. If you have access to a computer - it is available to print on the web site. Otherwise I will be mailing around April 1 to those whose names do not appear on national list of online renewals. Membership is a sense of belonging. Our monies support our scholarships supporting our profession of nursing. We all have fond memories of friends, patients and experiences of our years regardless of length of service. If you haven't watched the video national has developed - I encourage you to visit the web site and watch! Will make your heart just feel good! Again thanks everyone! For serving when you did, for participating by your membership now, for considering attending a meeting either in person or via Zoom. Thanks again for your dedication to NWNNCA.

Cathy Carter
NWNNCA
Membership
8221 53rd Ave W #38
Mukilteo WA. 98275

Sigma International

Anne Mulligan is the president of the local PNW chapter of Sigma International. Sigma is the only nursing honor society and has over 60,000 members world-wide. Many Navy nurses were inducted, if you want to re-connect, contact Anne. president@psiatlarge.org.

Upcoming events:

Our next face to face event will be the Chapter Research and Evidence Based Practice Review at Pacific Lutheran University on Nov. 9. Contact janet.dubois@northwestu.edu for further details. A virtual option will be offered.



Wreaths Across America 2024

The NNCA is a partner organization with Wreaths Across America. For NWNCA members who reside in the Portland-Vancouver area, I will be participating in the Wreaths Across America event at the Fort Vancouver Barracks National Cemetery. The event begins at 9am on 14 Dec 2024. The cemetery is located at 1449 E 4th Plain Blvd, Vancouver, WA 98661.

The cemetery location code for donating wreaths is:

WAVBPC - Vancouver Barracks Post Cemetery

The link to the website is

<https://www.wreathscrossamerica.org/pages/17279/Overview/?relatedId=0>

You can support one of our fellow Chapters who have partnered with WAA by ordering wreaths via their cemetery code while designating that the wreaths be delivered to the Vancouver Barracks Post Cemetery. Four chapters, NENNCA, WMANNCA, GCNNCA, and PCNNCA have partnered with WAA to sponsor remembrance wreaths. The partnerships support chapter programs while also supporting WAA.

NENNCA www.wreathscrossamerica.org/pages/175139/Overview/?relatedId=17129

The NENNCA wreath sponsorship (RI0060P) defaults to the **Rhode Island Veterans Cemetery**

WMANNCA <https://www.wreathscrossamerica.org/pages/21871/Overview/?relatedId=14858>

The WMANNCA sponsorship (MD0021P) defaults to the **U.S. Naval Academy and Arlington National Cemeteries**. The event at the U.S. Naval Academy was on December 1, 2023

GCNNCA <https://www.wreathscrossamerica.org/pages/21871/Overview/?relatedId=14858>

The GCNNCA sponsorship (FL0993P) defaults to **Barrancas National Cemetery**

PCNNCA <https://www.wreathscrossamerica.org/pages/172377/Overview>

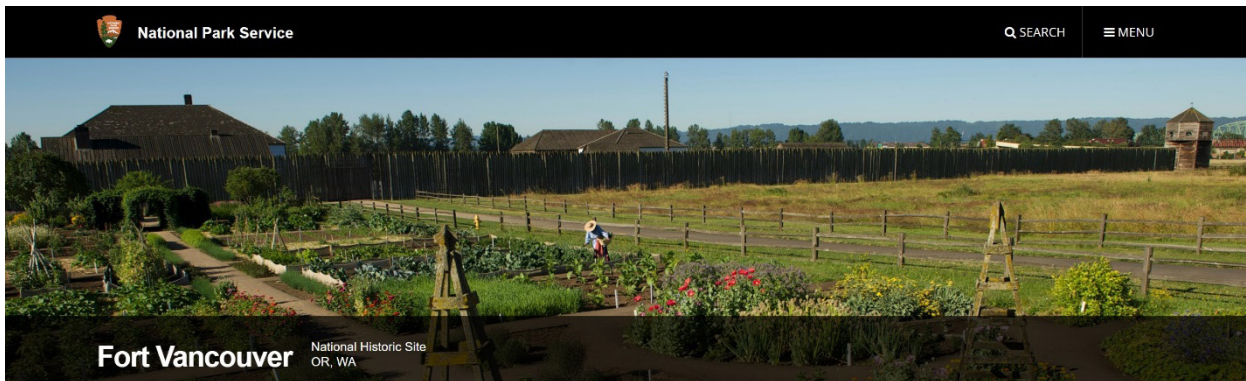
The PCNNCA sponsorship (NC0482P) defaults to **New Bern National Cemetery and Beaufort National Cemetery**

There are many other National Cemeteries within our NWNCA area of operations. If you'd like to research which cemetery is closest to your location go to: <https://www.wreathscrossamerica.org/>.

If you'd like to participate or have questions, please feel free to contact me at gordot@hotmail.com.

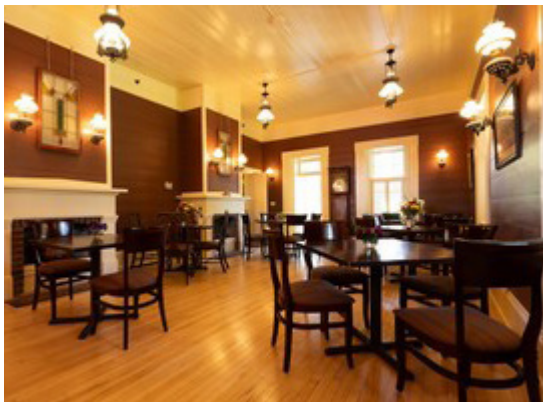
REMEMBER the Fallen. . . HONOR those who Serve. . . TEACH our children the value of Freedom.

NWNNCA Fall General Membership Meeting, 12 Oct 2024, at Fort Vancouver, Vancouver, WA



On 12 Oct at 9:30am we will meet at the historic Fort Vancouver_ ([Fort Vancouver National Historic Site \(U.S. National Park Service\) \(nps.gov\)](https://www.nps.gov)) for a tour with time to explore the exhibits in the historic fort. The address is: 1501 E Evergreen Blvd, Vancouver, WA 98661. We will join the regularly scheduled Ranger tour which begins at 10am at the Visitor's Center. If you have a National Park Pass, please remember to bring it with you.

I will follow this tour with a short history of the medical care/facilities that were provided within the Fort at various periods of time.



Lunch and our meeting will be at the Historic Grant House in the Willful Wine restaurant (www.willfulwine.com) from 11:30am - 1:00pm. Menu options are listed below. Please RSVP and order by 29 September.

If you plan to drive up for the weekend, we suggest you use the same hotel as last year: The Heathman Lodge, Address: 7801 NE Greenwood Dr, Vancouver, WA 98662 Phone: (360) 254-3100; heathmanlodge.com

For those who do not want to drive up the evening before, there are two trains from Seattle to Vancouver, WA that should arrive before the lunch/meeting. The train depot is about a 10-15 minute cab or uber ride to The Grant House/Willful Wine restaurant. <https://www.amtrak.com/tickets/departure.html>

Note, the Pearson Air Museum is on the same property and is quite an interesting visit ([Pearson Air Museum - Fort Vancouver National Historic Site \(U.S. National Park Service\) \(nps.gov\)](https://www.nps.gov)) if you arrive Friday afternoon or stay Saturday long enough to enjoy the visit.

The menu options for lunch are on the next page. Please RSVP (gordot@hotmail.com or phone 360-518-0053) with your lunch order by 29 September. You will be able to pay by check, venmo or cash on Oct 12th.

The menu options for lunch are below. Please RSVP (gordot@hotmail.com or phone 360-518-0053) with your lunch order by 29 September. You will be able to pay by check, venmo or cash on Oct 12th.

Menu choices – please add \$5 for room rental fee:

Herb roasted Chicken with Peppercorn Sauce
with House Salad of Mesclun Greens, dukkah, goats cheese \$24
with Mashed Potatoes & Grilled Broccolini \$31

Oven Roasted Steelhead with Chardonnay Beurre Blanc
with House Salad of Mesclun Greens, dukkah, goats cheese \$26
with Mashed Potatoes & Grilled Broccolini \$33

Drinks are separate



Please RSVP ASAP by 29 September!



New Logo

Our new logo isn't yet set in stone, but I believe I've got the finalists in the newsletter.

Bonnie has been working hard with a graphic designer on our logo and received recommendations from several graphic designers. Here are their comments in regards to input board members have given:

All 5 states using 2 letter gold abbreviations at the bottom of the circular logo will be very BUSY & chaotic

Designers all agreed that Baskerville Old Face is a favorite for logos

Please consider how the logos will look on apparel, such as dark blue, black & lighter colors, so may need to make changes if we wish to have dark & light t-shirt/shirts. The image was put over a taupe background & it washes it out

White mountains add contrast to the overall design.

Note: A total of 7 colors are in the logo, when you factor in the Nurse Corps vintage insignia colors & the blue colors in the mountains

I know the main logo is centered over the top & seems to be the standard/preferred. Nadyne's input on making it off center is because of how a logo over the right breast/chest looks if someone is heavy chested.

In summary it will be hard to please all, but feel we are making progress.





NWNNCA
c/o Bonnie Bulach
368 Marmot Loop
Port Angeles, WA 98362