



THE OAKLEAF

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SEPTEMBER 2024

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Angela Acfalle

Jane Eberlein

Sheree Scott

MESSAGE FROM THE PRESIDENT

Greetings to all! As I write this note it is Labor Day weekend, the unofficial end of Summer. I hope you all were able to take a vacation or visit with family and friends. For me, it is important to get a change of scenery from time to time. This invites a fresh perspective, new ideas and interface with new people. I am looking forward to the NNCA Reunion Cruise in less than four weeks. It will be good to see former colleagues, some of whom I have not seen for over 40 years.

As we enter the Fall season, it is a special time for honoring all Veterans. For those in the San Diego area, please join us in the **San Diego Veterans Parade** on Monday, the 11th of November. We will walk the route from the San Diego County Administration Building down Harbor Drive to the “downtown” area. The route is approximately a mile and a quarter. We expect there will be a vehicle to ride in for those who would have difficulty walking. Please watch for specifics on Veterans Parade participation. For those residing outside of the San Diego area, I hope you will find local veterans events in which to participate. Each of us can take pride in having served, whether it was for two or three years or 30 or more years.

Another Fall event will be the **San Diego Military Women’s Luncheon** on Saturday, October 19th at 1100 (11 AM) at the Veterans Association of North County in Oceanside. NNCASC is a supporter of this annual event that honors all women who are or have served in all branches of service. This year the featured speaker will be our own 26th Director of the Navy Nurse Corps, **Rear Admiral (Retired)**

Cynthia (Cindy) Kuehner. More information and an RSVP form is included in the newsletter.

Our NNCASC Board of Directors has agreed to continue Zoom meetings following each General/Luncheon Meeting. If we have a Saturday luncheon, the Zoom Meeting will be the following Monday at 1800 (6 PM) Pacific Time. If we have a Wednesday luncheon, the Zoom Meeting will be the following day, Thursday at 1800 (6 PM) Pacific Time. An invitation to register for the meeting will be sent to all NNCASC members. We will continue to use the same agenda that was used in the corresponding General/Luncheon Meeting. Since our next General/Luncheon Meeting will be on Saturday, October 5th, the **next Zoom Meeting will be on Monday, October 7th at 1800 (6PM) Pacific Time.** Any member may attend, but these are intended for those living outside of Southern California or those who cannot attend in person due to school/work/other. Please watch your email for an invitation to register. Once registered, you will have link to click into the virtual meeting.

Special kudos to Becky Nulty for ensuring 145 Navy Nurses, both NNCASC members and non-members in our designated service area, received award packages for the Vietnam Recognition Program for those with active service during the Vietnam War era. Becky continued to execute this program after she stepped down as our President, making sure each person was appropriately thanked for their service during that tumultuous period in our history. Thank you, Becky!

Your comments are always welcome at email: jhourigan@roadrunner.com

Jane Hourigan



TREASURER'S REPORT

Second Quarter 2024

Navy Federal Credit Union (NFCU)

Balance as of June 30, 2024

NFCU Checking	\$ 5801.77
Share Savings	\$ 88.01
NFCU Savings-Scholarship	\$ 11,915.95
Morgan Stanley Investment	\$ 207,157.22
General Fund	\$ 22,633.95
TOTAL ON HAND	\$ 247,596.90

2024 CALENDAR OF EVENTS MARK YOUR CALENDAR

October 5	NNCASC Luncheon Cocina del Charro
October 7	Zoom Meeting 1800 PT
October 19	Military Women's Luncheon-Veterans Assoc. North County
November 11	Veterans Day Parade
November 11	Veterans Day Ceremony Miramar Cemetery 1600

POSTPONED UNTIL MARCH 2025



Operation Dress Code (ODC) is being postponed until March 2025 during Women's History Month. Save your slightly used business attire, shoes, purses, and accessories until then. More information about dates for the clothing drive and locations for drop off will be made available closer to the event.



MEMBERSHIP COMMITTEE REPORT

Greetings Everyone,

This is usually a very quiet time for membership activity, so we are delighted to have 6 additional members since the last newsletter:

Coral Andrews (New NNCA & New NNCASC)

Lisa Arnold (Re-joining NNCA & NNCASC)

Georgia Garrison Baker (New NNCA & New NNCASC)

Janice Hammond (Prior BANNCA, New NNCASC)

Janice Wallace (New NNCA & New NNCASC)

Kathy Wilson (New NNCA & New NNCASC)

Welcome to our Southern California chapter! Currently our total number of members is **180**; this includes 9 who are new, 3 who have re-joined, and 15 from the Bay Area Chapter. This is all wonderful!!! Sustaining our membership numbers is vital, and the ongoing efforts to encourage more new memberships in the future is very important.

NNCA will be publishing and sending out an updated Directory in a few months. Now is the time to go on to the NNCA.org website and click on the Members Login site. Once you are logged in, click on the 'My Settings' site. Your personal page will pop up which you should periodically review to be sure all the information is correct. It is extremely important that you also indicate what information NNCA has permission to share! If you have any problem making needed changes, please let us know and we can help you.

We would like to ask everyone to consider joining the NNCASC Board of Directors. Currently we have a number of critical vacant positions, which does impact the efficient functioning of the Board. As a Board member,

you are invited to participate in the quarterly Board meetings with a vote on important decisions made. We also have many committees that could use some help if you're able to do that. We welcome your new perspective!!

Don't forget, Nancy Johnson still has Navy Nurse Corps Veteran license plate holders for sale. All sales support our NNCASC Scholarship Fund, and they really look nice on our vehicles. Please let us know if you would like to stop by to pick one up or if you would like one mailed to you. She also has NNCASC magnetic badges available for purchase.



Thanks again to everyone for reaching out whenever and wherever possible. There is no doubt that the combined efforts made by all will make our organization stronger. Please continue to stay healthy during our Fall season! Let us know if we can help you in any way.

We can be reached at:

Georgene B. Waecker, Chair
2829 Ocean Village Way
Oceanside, CA 92054-6286
760-722-0724
Georgene.waecker@gmail.com

Nancy Johnson, Co-Chair
3923 Caminito Del Mar Surf
San Diego, CA 92130-2523
858-761-7420
nancyj006@gmail.com

WELCOME NEW NNCASC BOARD MEMBERS-AT-LARGE



Sheree Scott, PhD, RN, AGCNS-BC, CMSRN, is an Associate Professor at the University of San Diego, Hahn School of Nursing, where she serves as the Program Coordinator for the Clinical Nurse Specialist Program. Sheree is passionate about shaping the next generation of nurses, teaching across the Clinical Nurse Specialist, Masters Entry in Nursing, Nurse Educator, and Doctor of Philosophy programs. A self-proclaimed “lifelong learner” (or as she calls it, “taking the scenic route”), her academic journey has been as diverse as her Navy career. Sheree earned her AA at Palomar College in 2001, followed by a BSN from the University of Arizona (2007) through the Seaman to Admiral Program (STA-21). She completed her MSN in 2012 through DUINS at the University of San Diego, and after her Navy retirement, achieved her PhD from USD in 2022.

Sheree’s Navy career began in 1995 as a Hospitalman Recruit (E-1). Her experiences at her first duty station at Navy Hospital Pensacola sparked a deep admiration for the nurses she worked alongside and inspired her to pursue nursing with the goal of commissioning as a Nurse Corps Officer. With a greenside focus, Sheree’s enlisted journey took her to Okinawa, Japan, where she served with the Marines at 3rd FSSG and was recognized as Junior Sailor of the Year. Later, while with the Seabees (NMCB-5), she was promoted to HM2 and completed missions in Vieques and Tobago.

Sheree’s passion for education was highlighted during her time at Field Medical Service School, Camp Pendleton, where she was promoted to HM1 and earned the title of Instructor of the Year.

In 2004, Sheree was selected for STA-21 and commissioned as an Ensign in the Nurse Corps in 2007. She fondly recalls her time stationed at NMCSO, particularly her years on 5 North, where she formed lasting bonds with her “Team Charlie” nurses. After earning her Clinical Nurse Specialist degree, she returned to NMCSO, serving as the CNS on 4 West and in her dream role as Nurse Residency Coordinator. During this tour she was introduced to NNCASC. Many member, including Georgene and Becky were instrumental in support of her role on the Nurse Corps Ball Committee.

In 2014, Sheree married Scott Ashby, a friend she reconnected with from 6th grade camp. Shortly after, she embarked on an unaccompanied tour to Navy Hospital Guantanamo Bay. Bringing her career full circle, her final tour was at 1st Medical Battalion, Camp Pendleton, where she served as the S1 before retiring as a Lieutenant Commander in 2019.

Now in her second career, Sheree is dedicated to paying forward the mentorship, education, and leadership she received throughout her Navy journey. She serves as Secretary for the California Association of Clinical Nurse Specialists, participates in the Graduate Education Committee for the National Association of Clinical Nurse Specialists, reviews content for the MEDSURG Nursing Journal, and volunteers as a veteran visitor for a local hospice agency. Her research interests include patient-preference, ECMO education, and pedagogical strategies.

MEET ANGELA ACFALLE



Angela Acfalle, MSN, NP, ANCC-BC is an Adult Nurse Practitioner (NP) who works per diem in four clinics across San Diego. She found her work niche offering internist coverage during vacations.

Since retirement from the Navy in 2011, Angela has enjoyed roller skating, bachata and salsa dancing, body pump and yoga classes at 24 Hour Fitness. She and her roller skating friends, the *Old School Skaters*, got gonged off the Gong Show. Angela says it was because the oldest skater, dressed in drag, flirted with a judge. To this day, it is one of her most unique memories. Her skate team made it to a Cheerios commercial. They were all spinning for about half a second. She's enjoying her *Melomano Bachata Ladies* team classes and her salsa partner-work classes with Bryan at Majesty. Her ladies team performs at local Latin nightclubs. She says what's really fun is getting all dressed up in fancy costumes and transforming with stage makeup. Body Pump and yoga keep her muscles firm, flexible, and her 10yr ASCVD score low.

Angela joined the Navy as a reservist Operating Room Technician in 1987. During Desert Storm/Shield, she was activated. When she was released back to reservist status, she took a Navy commissioning program for her BSN. Later, she completed a MSN through DUINS. Luckily, she was able to complete the requirements to qualify as an adult NP from the same program.

In the Navy she got to do so many interesting jobs. After commissioning, she worked at NRMCMC San Diego on 4 West (telemetry and cardiac stepdown). Then the Emergency Room and Family Medicine (Camp Pendleton, Okinawa, and Iraq).

Her weirdest military memory is hanging out in MOPP gear in the summer in Iraq. MOPP is HOT. Second is getting sprayed in the face with all the gooey contents of a chest tube as an Ensign on 4 West. The resident who pulled it out was so apologetic. Her third weirdest memory is learning to egress in the dark aboard the USNS Mercy on a training TAD. She and a bunch of medical people, who had never deployed on a ship, were crawling together through the dark to topside. And lastly, another interesting (in retrospect) memory was the early realization that one wrote all your own evals, FitReps, and awards yourself. She still recalls dismay of discovering her superior didn't somehow know everything she ever did enough to write her up for everything without her input. You mean Navy Leaders aren't omniscient?

Here at the NNCA SoCal, she's pretty new. She wants to attend the military ceremonies with other nurses—she says she's getting even more sentimental as retirement goes along. She'll also be helping Cindy Perry, with Treasurer duties next year.

NNCASC MEMBER IN THE NEWS



LT Kathryn Hrezo, a member of NNCASC, and daughter of Jane Eberlein, also a NNCASC member, was recently selected for LCDR and is stationed at NMRTC Yokosuka, Japan. She works on the Multi-service unit taking care of inpatients from newborn to geriatrics in various specialties of pediatrics, orthopedics, general surgery, and medical to name a few. Also, she is a member of AACN maintaining a certification in critical care and holds the position of ICU Division Officer, taking care of the critically ill when admitted to the Naval Hospital. In December 2023, she supported the COVID-19 mission on a deployment with the Rural Rapid Response Team (RRRT) to Navajo Nation, received a Daisy award in May 2023, and is currently working to complete her JPME I (Joint Professional Military Education) online through the Naval War College.

CARING & SHARING

Please keep the following who are dealing with health challenges in your thoughts and prayers: Rose Marie Castellanos, Linda Drabek, Rosanne Hartley, Lisa Lembcke, Mary Mottet, Fran Noble, Debbie Guthridge-Lind, and Joanne Petrelli. Also, condolences to Sandra Pearson on the death of her father in August.

Please notify President Jane Hourigan jhourigan@roadrunner.com as soon as anyone hears or learns of the passing of a NNCASC member, local Navy Nurse Corps Officer, or one of their immediate family members. Notify, Casey Meehan at 858-450-7141 or e-mail her at maryk38@gmail.com if you know of local Navy Nurses who are ill or hospitalized.

IN MEMORY

Katherine (Kay) Parks, longtime NNCASC



member passed away June 15, 2024 at Mercy Hospital in Bakersfield, CA. She was 101 years old. She was born in Long Island, New York on August 19, 1922. She graduated from

Mountainside Hospital School of Nursing, Montclair, New Jersey in 1943 with her RN degree and joined the Navy Nurse Corps as an Ensign in March 1944 during WWII. She was stationed at Naval Hospital Parris Island 1944.-1946 where she met and cared for the “love of her life”, Jack Parks, a Naval Aviator. Kay was discharged from the Navy as a LTJG in 1946. In addition to raising a family, Kay worked full time as an emergency room nurse and nurse supervisor at Bakersfield Memorial Hospital (1957-1981). A Celebration of Life was held for Kay on June 27, 2024 at St. John’s Lutheran Church in Bakersfield, CA and burial was in Greenlawn Cemetery.

Excerpts of obituary from:

<https://www.greenlawnmortuaryandcemetery.com/memorials/katherine-parks/5447091/index.php>

We also recently learned of the passing of NNCASC member **Melissa George**. No further information is available at this time.

SPECIAL GUESTS ATTEND NNCASC JULY LUNCHEON

NNCASC Scholarship awardee, **Amari Guzman**, along with her father, retired USMC GySgt Guzman, were special guests at our July luncheon. Introduced by Bobbi Crann, Scholarship Committee Chairperson, Amari shared her passion for nursing and future goals and thanked the organization for the scholarship support that we have provided her to achieve those goals. Amari attends California Baptist University and also currently works part-time with medically fragile children.



Alexyss Carig & President Jane Hourigan

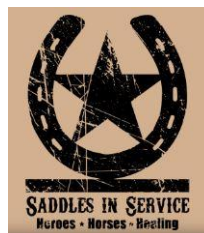


Bobbi Crann, Amari Guzman, GySgt Guzman

Another special guest attending the luncheon was **Alexyss Carig**, a U.S. Navy Second Class Petty Officer who is a Nurse Candidate studying for a BSN at West Coast University. Alexyss found out about our organization on social media and, after the luncheon, gave NNCASC a “shout out” on Facebook.

“Was invited to my first Navy Nurse Corps Association (NNCA) meeting in San Diego. Got greeted by many Navy Nurse Corps Officers both active and high ranking Navy Officer veterans. Proud to be a part of an association with so much pride, camaraderie, support, and mentorship associated with Navy Nursing for the next generation. Go Navy!”

SADDLES IN SERVICE THANK YOU



Tammy Oluvic, CEO and Co-Founder of *Saddles In Service* was the guest speaker at our July luncheon at Bucca di Beppo. She was accompanied by volunteer, Sarah Burningham. Tammy spoke passionately about the non-profit veteran founded organization that promotes mental health wellness and healing for veterans, active duty military, first responders and horses at no cost to the participants. NNCASC contributed \$1250 during the luncheon to this worthy cause.

Special thanks to NNCASC member, **Judy Pattinson**, who is a volunteer at *Saddles in Service*, for arranging Tammy as our guest speaker.

Saddles In Service will hold their 4th annual “Love for Heroes” Gala on Saturday, November 2nd 6p.m.-11 p.m. at the Viejas Casino & Resort in Alpine, CA. More information about the gala, the organization or to apply for the program can be found at: www.saddlesinservice.org



Tammy Oluvic

VETERANS COMMUNITY OUTREACH



Heather Arbogast, RN, BSN, AMB-BC, MHA, Women Veterans Program Manager at the San Diego Veterans Administration Healthcare System will be our speaker for the NNCASC Luncheon Meeting on Saturday 5 October 2024.

NNCASC OCTOBER LUNCHEON



Our next luncheon will be **Saturday, October 5, 2024 at Cocina del Charro, 890 W. Valley Parkway, Escondido, CA 92025.** We

will have a Tostada Bar. The cost is \$30. There is a reservation form, with additional information, in this newsletter. Please **RSVP by September 21, 2024** with check made payable to NNCASC.

Directions:

If coming from the North on I-15, exit at the Valley Parkway exit and get in the left lane as you exit and turn left. Go three traffic lights and turn left at the third light (you can actually see the restaurant while you are waiting at the light) and then make an immediate right turn into the parking lot.

If coming from the West, after you pass the Nordahl exit, get over in the right hand lanes to get onto I-15 South and then exit onto Valley Parkway and get in the left lane and then follow the directions above.

If coming from the South take I-15 North to exit 31 at Valley Parkway and follow the directions in the first directional paragraph.

Originally from Cleveland, Ohio, Heather enlisted in the Navy and attended Basic Training at Naval Base Great Lakes. She also attended Hospital Corps School ("A" School) at Great Lakes. She served as a 0000 (Quad Zero) Hospital Corpsman and EMT at USNH Guam and at Branch Health Clinic China Lake in Ridgecrest, CA before attending "C" School in San Antonio, TX to become a Physical Therapy Technician. Heather served as a Physical Therapy Tech at Naval Medical Center San Diego. After 12 years of active naval service, Heather transitioned to civilian life and attended nursing school at National University in San Diego earning a BSN. She later returned to National University and earned a Master of Healthcare Administration. She has been a nurse with the San Diego Veterans Administration Healthcare System for 11 years and is currently the Women Veterans Program Manager.

Contributions of cash or checks payable to "San Diego Healthcare System GPF 1068" can be made at the luncheon to augment VA services.

Additional information on this program can be found at:

<https://www.va.gov/san-diego-health-care/health-services/women-veteran-care/>

NATIONAL VETERANS SUMMER SPORTS CLINIC

contributed by Sandra Pearson

The VA in La Jolla CA had the pleasure of hosting the annual National Veterans Summer Sports Clinic for the 17th year in a row right here in San Diego. About 120 veterans from all over the nation participated in adaptive sports to include surfing, kayaking, cycling, adaptive fitness, yoga and meditation, August 26-30, 2024. The National Veterans Summer Sports Clinic is a rehabilitative and educational hands-on sporting event for military veterans across the country who have a range of disabilities, including traumatic brain injury, polytrauma, spinal cord injury or loss of limb.

Volunteers from the Jennifer Moreno VA Hospital in La Jolla, and Deloitte supported and uplifted the veterans throughout the week. I had the honor of serving my second year with the surf clinic. AMPSURF provided the equipment, wet suits and surfboards along with experienced surf instructors from all over the country. We had prosthetic technicians volunteering from other VA's, Miami, Georgia, and locally to assist with adaptive equipment in all clinics.

The Kayaking and Surf clinic sites also had adaptive Yoga and Meditation offered at the end of the day provided by staff from Exalted Warrior Foundation. These healing instructors facilitated an adaptive program for veterans faced with the demands of both a physical and emotional recovery.



Team River Runner and Wounded Warrior Project supported Kayaking and Cycling which took place in Mission Bay and Coronado.

Adaptive Training Academy offered an inclusive environment which allowed all Veterans to engage in and benefit from adaptive fitness training. They shifted veteran's perspective from having limitations to possibilities emphasizing what they CAN DO.

We helped celebrate the veterans' resilience and accomplishments each day by empowering them to develop skills they thought would never be possible.



34th MILITARY WOMENS LUNCHEON
contributed by Holly Shaffner

Military Women's Luncheon



All Branches, All Eras, All Invited

Please join us for the 34th Annual Military Women's Luncheon (MWL) on **Saturday, Oct. 19, 2024!** Women from WWII era to today's active duty will be in attendance to celebrate our sisterhood. Our luncheon is always the kick-off to Veterans Day events in San Diego with women from every branch and era to enjoy a wonderful program.

We are very honored to have U.S. Navy **RDML Cynthia A. Kuehner (Retired)** as our keynote speaker this year. She served as the senior nurse of Bravo Surgical Company, with the 1st Force Service Support Group, in Fallujah, Iraq, providing direct casualty care during the height of combat operations in support of Operation Iraqi Freedom and Operation Vigilant Resolve. She also served as the senior medical officer of the Provincial Reconstruction Team in Afghanistan, and in nurse positions on the pediatric ward and labor and delivery units at Naval Medical Center, San Diego.



This event typically sells out every year, so purchase your ticket early to ensure you have a seat. Check-in begins at 1030, lunch and program at 1130. We anticipate 200+ women, and it is open seating so you can meet new friends. Please share this event with your networks.

To purchase tickets, please go to: <https://34thMWL.eventbrite.com> or you can write and mail in a check using the MWL flyer in the newsletter.



ORAL HISTORY COMMITTEE

contributed by Dee Cannon & Candace Curlee

Dee Cannon has been working diligently with the Library of Congress (LoC) to make the Veteran's History Project website more user friendly. The curators at LoC have been very responsive and appreciative of her suggestions. She actually developed a PowerPoint which they are considering using to help people have an easier time navigating the website.

She has also developed a short version of the PowerPoint which hits the high points for anyone searching for someone in particular who has been interviewed for the project. Here are her suggestions:

Accessing Library of Congress Oral History Interviews

1. Type www.loc.gov/vets into your search bar
2. In the search bar next to the Library of Congress logo, type the name of the nurse and click on the magnifying glass.
3. When you find the name of the nurse (it will have "Collection" next to the name) click on this blue font-it is a link.
4. This will bring you to a quick summary of data, and the oral history interview if one was submitted. To access this, click on the white arrow and the interviews will play.
5. Scroll down below the interview panel to find more details and also links to other duty stations where this nurse was stationed.
6. To access other nurses who served at the same duty stations, simply click on the duty stations (in blue font) listed in the grayed vertical bar on the right side.

The NNCASC Oral History Committee provides the LoC a copy of your interview via a flash drive after it has been edited along with all the required documents. Barbara Beeby is a master at putting all these things together and sending them into LoC. The interviews are sent in batches, so that when your interview is

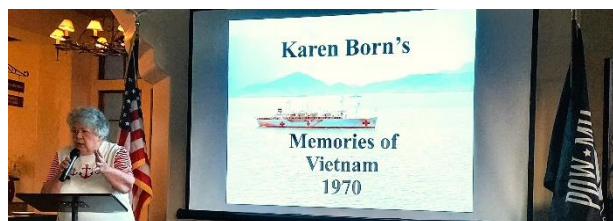
videotaped and edited it may take a couple of months for this process. Once LoC receives your interview it is uploaded to the website in stages. First the text summary and biographical data is available (with a dog tag thumbnail picture). Then within 18 months the actual video interview with a thumbnail picture of interviewee can be viewed.

The Library of Congress is very eager to collect oral histories including original photographs. They would even like hard copies of photos and letters relevant to veteran's service. Women are vastly under-represented in the Veteran's History Project.

Please consider allowing us to capture your Navy service story. Contact Candace Curlee ccurlee@sbcglobal.net, Dee Cannon dee_cannon@outlook.com, DJ Lavoie bobndj1@gmail.com, Barbara Beebybjbeeby@sbcglobal.net, Judy Harris jlharris@earthlink.net

VIETNAM COMMEMORATIVE PROGRAM

contributed by Lorrie Sammons



Karen Born

New NNCASC and former BANNCA member **Karen Born** was the invited speaker for the August 1, 2024 dinner meeting of the Vietnam Veterans of Diablo Valley (VNVDV). In the beautiful setting of the Bridges Golf Club, overlooking the expansive course during an unseasonable hot spell, an audience of over 70 followed Karen's story of her service on the USNS Sanctuary off the shore of I-Corps in 1970. Karen was the first Speaker in the 30+ years of the organization to present the experience of a military woman in the theater of

operations. Attendees learned of the challenges of medical care, patient transport, living conditions onboard AH-17, as well as activities to maintain morale throughout her tour of duty.

Bay area Navy Nurses attending and pictured included (l-r) Renee Sheehan, Lorrie Sammons, Karen Born (presenter), and Marilyn Boyd.



NNCASC SUPPORT OF THE UNITED STATES OF AMERICA VIETNAM WAR COMMEMORATION

contributed by Becky Nulty



In accordance with Public Law 110-181 SEC.598: “The 2008 National Defense Authorization Act authorized the Secretary of Defense to conduct a program to commemorate the 50th anniversary of the Vietnam War and ‘in conducting the commemorative program, the Secretary shall coordinate, support, and facilitate other programs and activities of the Federal Government, State, and local governments, and other persons and organizations in commemoration of the Vietnam War’”. A summary of the objectives is:

1. To thank and honor veterans of the Vietnam War, including those who were held prisoners of war or listed as missing in action. 2. To highlight the service of the Armed Forces during the war and the contribution of the Federal agencies and government and non-governmental

organizations that served with or in support of the Armed Forces. 3. To pay tribute to the contributions made on the home front by the people of the United States during the Vietnam War. 4. To highlight the advances in technology, science, and medicine related to military research conducted during the war. 5. To recognize the contributions and sacrifices made by the allies of the United States during the Vietnam War. Source:

https://www.vietnamar50th.com/about/commemoration_objectives/

In collaboration with NNCA, NNCASC initiated our recognition project in 2017. During that year we presented either in meetings or via the mail, 117 Vietnam Recognition Packages. Nine packages were presented in 2019, two in 2022, and 17 so far for 2024 which includes 11 mailed to our newest Chapter members who joined from the Bay Area Chapter which dissolved December 2023. Our total currently is 145. The package includes a certificate from the San Diego County Board of Supervisors and a handmade card that includes the following message:

“The Navy Nurse Corps Association of Southern California (NNCASC), in collaboration with the United States of America Vietnam War Commemoration as designated by the Secretary of Defense, would like to thank you for your service and sacrifice during the Vietnam War. The Certificate of Honor and the Vietnam Veteran Lapel pin are symbols of the Nation’s long overdue gratitude. Information about these symbols and the commemoration program are available at www.vietnam50th.com website.”

The Vietnam Veteran Commemorative lapel pin is included in the package.

Please let us know if you have not been recognized or know of other Navy Nurses who may not be members but who served during the Vietnam era as we would be honored to recognize their service. The recognition program will end in 2025.



Please join Honor Flight San Diego on **Sunday, Sept. 29th** at the San Diego International Airport to welcome home 90 WWII, Korean, and Vietnam War Veterans! **They will arrive to Terminal 2 Baggage Claim at 1:15 p.m.**, but you'll want to be there by noon in case they catch a tailwind. For more information, including shuttle and parking details, go to: www.HonorFlightSanDiego or follow along on Facebook @HonorFlightSanDiego.



You are invited to attend the Veterans Day Program at Miramar National Cemetery on **Monday, Nov. 11 at 4 p.m.** where they will honor the United States Coast Guard. There will be plenty of free parking at the cemetery. For more information, go to:

www.miramarcemetery.org



Photo courtesy of Holly Shaffner



The parade will start at 10:00 a.m. on Monday, November 11th in front of the County Administration Building on North Harbor Drive and will head south to Pacific Highway. NNCASC's application to participate in the Veterans Day Parade has been accepted and we are hoping to be in a more forward parade position this year! Members will walk or ride. We will have a flatbed trailer (with chairs) towed by Mary Rushton's husband, Ric, in his Land Rover defender. He has had many years of towing cars cross country during PCS moves! Please rsvp to Nancy Owen at: nancyowen333@gmail.com or phone 619-887-3402 if you wish to participate. We will wear patriotic and/or Navy Nurse apparel including our badges. Further detailed information on arrival time, place and parking will only be sent out to those who have rsvp'd. More parade information can be found at www.sdveteranparade.org



CALL FOR NNCASC BOARD MEMBERS

NNCASC will have its annual election at the October General Luncheon Meeting. Nominations for one vacancy will be accepted from the floor. A "voice vote" will be taken. Please also consider joining the NNCASC Board of Directors as a "Member-at-Large and/or serving as either **Chair of the Luncheon Committee** or **Chair of Veterans Community Outreach**. Tina Hooker has organized our luncheons for over 10 years and has requested to be replaced. Ellen Citrano is currently our Chair of Veterans Community Outreach and has served in several other positions over the years. She has also requested to step back from these duties. **Thank you to both Tina and Ellen** for so reliably supporting NNCASC. We will thank you in a more complete manner once we have your replacements. Please let me know if you might be interested in serving in one of these positions: jhourigan@roadrunner.com



NNCASC LUNCHEON MEETING

LOCATION: **COCINA DEL CHARRO**
890 WEST VALLEY PARKWAY
ESCONDIDO, CA 92025

DATE: **SATURDAY, OCTOBER 5, 2024**

TIME: SOCIAL HOUR: 1100
LUNCH: 1200

Make reservations by Saturday, September 21, 2024

Call Tina Hooker at 858-571-2874 or e-mail at: tinahook@att.net
for any questions or if you need to cancel

Send reservations & checks (made payable to NNCASC) to:
Tina Hooker
6237 Caminito Juanico
San Diego, CA 92111

RESERVATION LUNCHEON MEETING

Please make reservations for _____ persons.
Check enclosed for \$_____ at \$30.00 per person.

MENU: Tostada Bar

NAME(S) OF THOSE ATTENDING

CIRCLE STATUS

AD RET FORMER

AD RET FORMER

GUEST/ POTENTIAL MEMBER

BRING A POTENTIAL MEMBER & THEIR LUNCH IS FREE (first time only)

Military Women's Luncheon



34th Annual Military Women's Luncheon

All Branches, All Eras, All Invited Saturday, October 19, 2024

Where: Veterans Association of North County, 1617 Mission Avenue, Oceanside 92058

Who: 200+ military women from every era from WWII to today's active duty

Time: 1030 - Check-in and Social Hour

1130 – Plated Meal (Salmon, Chicken, or Vegetarian)

1230 – Program (Guest speaker is U.S. Navy Rear Admiral Cynthia A. Kuehner (Ret.))

Deadline for reservations: Wednesday, October 9, 2024 or until sold out

For additional information, please email: sdmilitarywomensluncheon@gmail.com or call (619) 609-1669

Purchase tickets online at: <https://34thMWL.eventbrite.com> or via mail by completing the below information.

(Detach and Mail)

Name(s) _____

Branch of Service: _____ What era did you serve? _____

Address: _____

Phone: _____ Email: _____

No. of reservations _____ @ \$40.00 per person (You can also sponsor a sister to attend and/or donate to the luncheon. Extra funds will be donated to a veteran org) Total = \$ _____

Please circle your meal choice: Pan seared salmon or Lemon Garlic Chicken or White Bean Cassoulet (Vegetarian). Also includes sides, salad, dessert, coffee, and iced tea.

Make checks payable to: Military Women's Luncheon

**Mail to: Military Women's Luncheon
4812 Kesling Place
San Diego, CA 92117**





Navy Nurse Corps Association of Southern California
Nancy Owen, Newsletter Editor
1611 Miguel Avenue
Coronado, CA 92118



Navy Nurse Corps Memorial Miramar National Cemetery
“In Memory” of those lost, but not forgotten on 9-11-01