



# The Nurses Station

## BANNCA-BAY AREA NAVY NURSE CORPS

### ASSOCIATION Newsletter



**VOLUME 33, NUMBER 1**

**SPRING 2018**

Spring greetings to all currently serving and former/retired Active and Reserve Nurses in Northern California! This year our local Chapter of the national non-profit Navy Nurse Corps Association / NNCA, <http://nnca.org/join-nnca-2/local-chapters/bannca/>, is featured in a local military museum exhibit, hosts two Luncheons, and participates in lots of fun and service-oriented activities.

NEW Chapter members are welcome as our guests (free) for the June Lunch and complementary 2018 Chapter dues, only if processed directly through Chapter Treasurer Renee Sheehan (not available online). All Chapter Officer contacts are on the **last page**.

### *SPRING 2018 Alameda Luncheon and "Update on Today's Navy Nursing"*

When: **Tuesday, June 12, 2018**; 11am Social Hour, 12pm Seated Lunch, 1-2:30pm Guest Speakers/Panel

What: Following Lunch served on the waterside patio, we'll move to the updated Movie Theater for a dynamic panel "Navy Nursing Today & Building for the Future", including CDR Cindy Kirtland (recent experiences with Expeditionary Medical Facility Training / Afghanistan deployment / Physical Evaluation reviewer); LT Vanessa Brown (Navy Medical Officer Recruiter); and Active Duty UCSF Graduate students.

Lunch: Chef's Choice light entrée, beverage, & treat prepared at the onsite kitchen. Please indicate any special dietary needs on your registration form, to be conveyed to the facility in advance.

Where: "The Lodge on Harbor Bay" Independent Living Community (Street signage may have previous name "Waters Edge Lodge"), 801 Island Drive, Alameda CA 94502 - returning to last year's lovely site.

Parking: a) Passenger drop-off / limited parking available at front entrance. b) Facility overflow parking - return to Island Drive and turn Right, turn Right down first driveway past building; use rear entrance to building from this lot. c) Also - Safeway lot off Island Drive.

Cost: All Members and Guests are \$5 each for Lunch and Program. NEW Chapter members are complimentary. BANNCA heavily subsidizes each attendee, so that 'no show' incurs costs to the Chapter.

**RSVP Received NLT Wed June 6** - Reservations required for all attendees.

Emergency contact day of event 6/12 ONLY: Lorrie 925.216.4196 (routine contact 925.830.9474)

Detach and mail to Renee Sheehan 1236 Bay St Alameda 94501-3914 to arrive NLT **Wed June 6**.

**BANNCA SPRING LUNCHEON/PRESENTATION REGISTRATION** – Tuesday, June 12, 2018

No refunds after Wednesday June 6, due to facility commitment. PLEASE PRINT.

Member/s: \_\_\_\_\_

Guest/s \_\_\_\_\_

Check # \_\_\_\_\_ (payable to BANNCA-memo "June 2018 Lunch"; #people \_\_\_\_\_ @ \$5each = \$ \_\_\_\_\_)

NEW MEMBER OFFER: Name: \_\_\_\_\_ NO COST

Phone: \_\_\_\_\_ Email: \_\_\_\_\_

Indicate any special Dietary restrictions: \_\_\_\_\_

Please include any change/update in your contact info, ESPECIALLY EMAIL ADDRESS, since your last update directly to Chapter (We do not get recent online updates automatically.)

Email: \_\_\_\_\_ Phone: \_\_\_\_\_ Address: \_\_\_\_\_ No Change: \_\_\_\_\_

**Upcoming Events & Activities:** – save the dates, and send in your **JUNE LUNCH** reservations now!

**\*MAJOR CHAPTER EVENT: Navy Nurses / BANNCA Members featured at Military History Event / Reception “Celebrating Women in Service”, Dublin Camp Parks Military History Center, Dublin - Sunday May 27, 1-5pm:** BANNCA has assisted the city of Dublin in preparing an exhibit to run for 5 months, focusing on Red Cross and Navy Nurses of Camp Parks during the 1940’s and 1950’s, when 46,000 patients received care at Shoemaker Naval Hospital. All BANNCA members are especially encouraged to attend a Welcome Reception opening the exhibit on Sunday 5/27, 1-5pm, when women in service from all eras will be honored. We will participate in a Panel discussion early in the afternoon. Seating is also being arranged for the public to ‘Meet and Greet’ our members throughout the afternoon, in a casual exchange we hope you’ll join. Bring your scrapbooks or mementos of interest you’d like to share. The new museum is outside the Camp Parks Main Gate checkpoint, off Dougherty Road at Camp Parks Boulevard, Dublin. Static displays remain for 5 months, May 25-October 26. Further details are found in the separate Flyer file distributed with this newsletter, and at <http://dublinca.gov/1916/Dublin-Camp-Parks-Military-History-Cente>. If you can make it to the Reception, please contact Lorrie (contact info last page) in advance if possible, so that the Museum can make nametags and provide adequate space. If you can just drop by during the afternoon (most Program activity is 1-3pm), or any time until October, that’s great too!

**\*MAJOR CHAPTER EVENT Spring Luncheon highlighted by “Navy Nursing Today and Building for the Future”, Alameda - Tuesday JUN 12, 2018:** As described previously, we’ll have the unique opportunity to be brought up to date on Navy Nursing from our esteemed Speakers, who provide perspectives from combat care in the Theater of Operations, leadership and training in today’s Executive Medicine environment, forward-looking issues in Recruitment and force shaping in the future, and Navy health care delivery domestically and abroad. The UCSF Grad students will take part in our panel, and welcome your questions. Members are welcome at our Executive Board meeting which follows immediately. **LUNCH RESERVATIONS ARE REQUIRED**, with Form on Newsletter Front Page, received in mail to Renee by **WED JUNE 6**.

**\*MAJOR CHAPTER EVENT Annual Holiday Luncheon, San Ramon - Tuesday DEC 4, 2018:** 11am-3pm, The Brass Door, 2154 San Ramon Valley Blvd, San Ramon. Details will follow in Fall Newsletter.

*MORE UPCOMING ACTIVITIES for 2018:*

**-Military Retiree Seminar, Coast Guard Island Alameda - Saturday May 5:** Flyer sent in prior email.

**-Military Recruit Swearing-in Ceremony, Veterans Memorial Bldg (VMBSRV) Danville - Sunday, May 20, 2018:** BANNCA supports the event honoring young men and women entering Military service. Ceremony and Reception, 1:00, 115 E Prospect Avenue, Danville. No reservation is required.

**-Veterans Day on the Delta, Discovery Bay - Saturday, September 8, 2018:** 6<sup>th</sup> Annual Veteran appreciation Performance Boat Run, sponsored by Gold Star charity ‘The Joey Graves Foundation’. An opportunity to take a fun-filled, high-speed boat ride through the Delta, enjoy a picnic with Veterans of all eras, and interact with Gold Star families in the area who have lost a Service member. This is another organization we look to support. <https://www.somegaveall.us/veterans-day-on-the-delta/>

**-East Bay Stand Down/Service & Sponsorship, Alameda County Fairgrounds, Pleasanton - Thursday-Sunday, September 13-16:** BANNCA sponsors the Women Veterans tent and staffs the Activities program for ~400 displaced / needy Veterans during the 4-day encampment, where multiple medical, social, and rehabilitative services are provided <https://eastbaystanddown.org/index.html> . Sign-up for our “Activities” shifts will be DIRECTLY through BANNCA, NOT the public EBSD website sign-ups when they open early July. We’ll send out an ‘interim notice’ email closer to the date. Member Jan Riehle ([jrriehle@yahoo.com](mailto:jrriehle@yahoo.com), (303) 929-5499) welcomes questions about her experiences at previous EBSDs.

**-Fleet Week Cruise, San Francisco Bay - Thursday, October 4:** Enjoy 'Front Row Seats' of the air show practice onboard a USCG Cutter from Yerba Buena Island for a day-long cruise to the center of San Francisco Bay. Both the Blue Angels and the Canadian Snowbirds are scheduled for 2018! We will liaison with Navy League for this courtesy event. Member Joanne Fritch ([jojolydia@aol.com](mailto:jojolydia@aol.com)) has done this event.

**-All Service Women Veterans Lunch-Northern California, Berkeley - Saturday, November 3:** This annual event includes a Speaker, raffles, and camaraderie amongst all eras and branches at Hs Lordships waterside restaurant. BANNCA also sponsors attendance of residents from Yountville's Home for aged/disabled Veterans. Further info will come from Jo Lawrence [jal140@aol.com](mailto:jal140@aol.com) / Roberta Santiago [csmbert@gmail.com](mailto:csmbert@gmail.com). Member Janice Stinson (JCStinson@earthlink.net) attends regularly.

**-Veterans' Day Observations, various locations - Sunday, November 11:** Support and participate in community events, and share activities with fellow nurses.

**-Pearl Harbor Remembrance Dinner, Pleasant Hill? (TBD) - Friday, December 7:** Dinner and Speaker honoring the history of Pearl Harbor, with Navy League of the United States, Contra Costa Council <http://cccnl.org/>. BANNCA is an event sponsor.

**-Army-Navy Game - Saturday, December 8:** A traditional good-spirited televised rivalry, shared in varied locations, including Veterans Memorial Bldg (VMBSRV), Danville.

**-Wreaths Across America, multiple local cemeteries - Saturday December 15:** We sponsor and participate in this national initiative honoring Veterans, with remembrance at their grave sites. If you will be involved at one of the 6-7 area sites <https://wreaths.fastport.com/>, and wish to have BANNCA wreath sponsorship, contact Lorrie by November 19.

**-Naval Hospital Oakland "Oak Knoll" Memorial Project, Oakland - ongoing:** Bonnie Bouey continues fully engaged and recognized as the 'voice of Veterans' as SunCal progresses on redevelopment of the prior Medical Center site. The 2.5 acre "Oak Knoll Memorial Park" is planned for the final phase in 2020. BANNCA supports creation of a permanent memorial / art fixture in 'Monument Park' honoring the hospital, staff, and patients, particularly Nurses and Corpsmen <http://www.oakknollcommunity.com/the-plan/>.

**-Alameda Naval Air Museum, Alameda Point - ongoing:** Efforts to enhance the "Sick Bay" Naval Hospital Oak Knoll exhibit have paused while repairs to the building are evaluated. Bonnie has worked with Museum staff regarding Oak Knoll artifacts. <http://alamedanavalairmuseum.org/about/>. This Museum would also be an excellent location to expand and preserve the history of the first WWII Navy Flight Nurses at the Air Station. It is also a local site for 'Veterans History Project / Library of Congress' intakes on weekends. If you have interest in involvement with any of these projects, do chat with a Board member.

**-Other Legacy Projects:**

**USS Hornet Museum, Alameda Point:** While Navy Nurses did not have a large role in the history of the Hornet, Navy Medicine was profoundly involved in shipboard operations <https://www.uss-hornet.org/visit-hornet/>. Much of the extensive Medical Department contains items of mixed eras, while the intent is to emphasize the earlier 1940s-50s timeframe. Bonnie has arranged donation of some era-appropriate medical equipment. If you have access to older artifacts, let's help get them saved and displayed.

**Mare Island Historic Park / Museum:** The Museum already contains a full display case featuring member Beverly Hoellwarth and her service. We are considering placement of an organizational plaque in the historic Chapel. Contact Karen if you want to assist.

**Moffett Field Historical Society Museum:** Our members served here from WWII to the 1990's <http://www.moffettfieldmuseum.org/exhibits.html>. While there are elements of Navy Nursing in the display, a fresh look by one of our members could establish liaison to support representation and be a conduit for any additional items - contact Lorrie.

**Uniforms & Artifacts:** As we 'downsize' and let go of our military memorabilia, consider that items may be of interest to military museums, especially sites near where the service occurred or where you have a local connection. Let the Board know if you have a 'treasure' that may be of interest to a museum in our region. NNCA also maintains a memorabilia collection.

**Recent BANNCA Events:**

**\*All-Service Women Veterans Lunch, Berkeley Marina:**

Members attended the 32nd Annual Luncheon Nov 4, 2017, enjoyed a meal on the Marina, and heard Keynote speaker VA Psychologist Kaela Joseph, PhD. Janice Stinson provided this photo with Joanne Fritch, Bonnie Bouey, Sea Cadet, Mariana Rivera, and two Marine Veterans from Yountville Veterans Home, whose transportation and registration were sponsored.



**\*Veterans' Day Events:** Throughout the area, members appreciated delicious meals provided by Rotary and other groups. As one of the 8 Veteran organizations affiliated with the Veterans Memorial Bldg of San Ramon Valley (VMBSRV), BANNCA honored Veterans and educated the public during the 3-day extended Open House attended by over 2,000. BANNCA hosted a display table, and Lorrie introduced speakers on the USS Hornet/Doolittle Raid and Bataan Legacy/WWII Philippines.

**\*Winter Holiday Luncheon:** The Brass Door again provided a delicious meal for our December 5 get-together. We poured over memorabilia of the WWII service of member Vivian Garbak, and were fascinated by stories of duty at Mare Island, Moffett Field, and US Navy Receiving Hospital South San Francisco. Although unable to personally attend, we further celebrated Vivian's 100<sup>th</sup> birthday later. Photo: Back



Doug Switzer, Pat York, MaryJo Lyons, Joanne Fritch, Mariana Rivera, Karen Born, Jan Riehle, John Bouey, Marilyn Boyle, Tim Sammons. Seated: Renee Sheehan, Lorrie Sammons, Annette Switzer, Bonnie Bouey, Janice Stinson, Ralf Stinson (photo credit).



Pat York was brought to happy tears when she learned that her Navy service qualified her for the National Defense Service Medal. Our review of her records indicated she was entitled, which our County Vet Office verified. She received the ribbon at the Luncheon - 56 years later. Now her husband isn't the only decorated Veteran at home.



**\*Pearl Harbor Remembrance Dinner, December 7:** We supported the annual dinner organized by Navy League, held again at Zio Fraedo's Restaurant. The official speaker, Vice Admiral Jody Breckenridge USCG (Ret), provided much new information on the Coast Guard's role in WWII and the Pacific. Attendees were enthralled by the detailed first-person account of the attack given by Pearl Harbor Survivor Chuck Kohler, 93, pictured with Lorrie and Joanne.



**\*Wreaths Across America:**

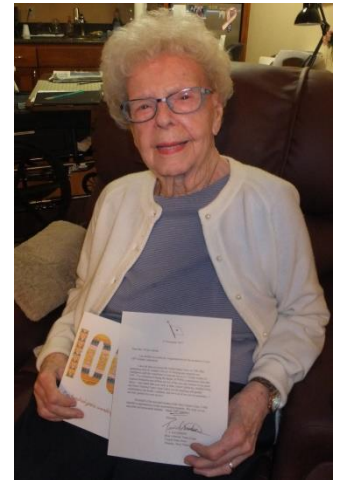


WAA programs were held at several Bay Area cemeteries on December 16 last year. At Alamo Cemetery, where over 200 Veterans were remembered, BANNCA represented the Navy by holding the Service Flag and the Navy wreath.

**\*Honoring 100 Years: Vivian Garbak, LT Vivian Anders, NC 1942-1947**



What a joy it has been for BANNCA to share in celebrating member Vivian Garbak on the occasion of her 100<sup>th</sup> birthday. At our Winter Lunch, we shared photos from Vivian's well-documented scrapbook, and stories of WWII she had related with her delightful sense of humor and marvelous recollection of detail. In December, Vivian received letters (photo) from the current NNCA President Robin McKenzie and from Director of the Navy Nurse Corps



RADM Davidson (thanks to Robin for running this through BUMED).



On Vivian's actual birthday this April, over 40 family members from across the country gathered for a party where she received her personally dedicated 'Quilt of Valor'(QOV) arranged by BANNCA.



Bedecked in a crown, Vivian accepted the traditional 'hug' from quilt-makers Dorothy and Jeanne, while Marilyn Steichen read a suitable tribute.

Afterwards, BANNCA was pleased to make a donation to QOV/Amador Valley Quilters.



## News and Administrative Notes:

### -Members on the move:

- >Former chapter President Jeanne Richards is settling into her new home in Mill Valley, and asked that we share her update, which is attached as a pdf file.
- >Zina Mirsky has moved to Rossmoor, with the same email and cell phone contacts.
- >Your 2017-2019 NNCA hard copy Directory should have arrived by now. You can also keep track of friends by logging into the Members side of the NNCA website.

### -Chapter Business:

- >Future Meeting Ideas? **Your** ideas / participation in identifying locations, activities, speakers, and worthwhile local Veteran/Navy Nurse-oriented causes to support are highly valued. Lots of good input was received at the December meeting. Front runners for next year's outings are 1) Treasure Island, with tour and lunch and 2) exploring Moffett Field and the Historical Museum. Clearly, transportation through Bay Area traffic is an increasing consideration.
- >Do you have interest in joining the Board for a term starting 01JAN2019? Chat with any Board member!
- >Copies of the minutes of all General Membership and Executive Board Meetings, which are reviewed and approved by the Executive Board, are available from the Secretary

### -National Notes:

- >2018 NNCA Reunion: The "Back to Sea" cruise on Holland America's Eurodam 12-19 May 2018 out of Seattle is this month. We'll hear from MaryJo and others who attended on their return.

**Membership Applications/Renewals - BANNCA Form attached -ONLY FOR THOSE EXPIRING MAY 2018 or NEW members:** Our recent renewal rates are nearly 100%! If records indicate you are due for renewal now, Bonnie will have attached your renewal form. If you want to keep in touch, mail your renewal to Renee now, and we'll have the most current information at the Chapter level immediately. If multi-year renewal is your preference, just indicate that on the form. Online renewal is also available, but leads to lag in local notification. BANNCA and NNCA memberships expire in May. BANNCA dues remain \$5/year; NNCA is \$35 renewing, or \$40 new. If you are not sure WHEN your membership expires, Bonnie can help you, and the NNCA website has expiration dates in your "members login" profile.

-Membership Drive - FREE First Year for New Chapter Members (only direct to Treasurer; NOT online): We welcomed many new members over the last 2 years. There are still more Navy Nurses in the area. Bring along a shipmate - we'll 'treat' the 'New' Nurse to the June Luncheon meeting and Chapter dues for 2018!

### Officers:

President: Lorrie Sammons, [LNSammons@gmail.com](mailto:LNSammons@gmail.com), 925 830.9474, 2608 Campeche Ct San Ramon 94583  
Secretary: Bonnie Bouey, [BSABonnie@sbcglobal.net](mailto:BSABonnie@sbcglobal.net), 510.530.3205, 9312 Skyline Blvd Oakland 94611  
Asst Secretary: Mariana Rivera, [mgrboo@comcast.net](mailto:mgrboo@comcast.net), 510.530.3541, 1456 E 38th St Oakland 94602-1145  
Treasurer: Renee Sheehan, [RGSheehan1236@yahoo.com](mailto:RGSheehan1236@yahoo.com), 510.522.0978, 1236 Bay St Alameda 94501-3914  
Director at Large: Karen Born, [krborn@att.net](mailto:krborn@att.net), 925.829.0241; San Ramon (also Sunshine Chair)  
Director at Large: Mary Ellen Quinn, [mequinn51@comcast.net](mailto:mequinn51@comcast.net), 925.202.4164, Pleasanton  
Currently Serving Liaison: Cindy Kirtland, [Cynthilynn@aol.com](mailto:Cynthilynn@aol.com), 408.718.9347, San Jose