



The Nurses Station
 BAY AREA NAVY NURSE CORPS
 ASSOCIATION NEWSLETTER



VOLUME 30, NUMBER 2

WINTER 2015

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Greetings from BANNCA - Bay Area Navy Nurse Corps Association! We are the local chapter of the national non-profit group of currently serving and former Navy Nurses of Active and Reserve Components (Navy Nurse Corps Association – NNCA, <http://nnca.org/>).

WINTER 2015 LUNCHEON: Tuesday December 1, 11am-2:30pm

It's time to make your reservations for our annual **Holiday Luncheon**. We'll enjoy the same opportunity to socialize with old and new friends, but note our **new banquet facility at the Brass Door in San Ramon**. It's still 'white table cloth' food and service, with a more affordable price for the organization (which continues to subsidize the luncheon.)



When: Tuesday, December 01, 2015

What: No host Social hour **11:00-12:00**; Seated Luncheon Service **12:00**; Room to **2:30**
 California Salad, Accompanying Vegetable and Starch
 Entrée Choice of:

- London Broil - thinly sliced sirloin, port wine mushroom sauce
- Chicken Picatta – boneless breast, lemon butter sauce with capers
- Fresh Pacific Salmon – char broiled filet, chef's choice sauce of the day
- Vegetarian Pasta Primavera – assorted vegetables, tomatoes, garlic, extra virgin olive oil
- Ice Cream Dessert; Coffee, Tea or Sodas

Cost: \$20 members (you may add \$5 annual membership, creditable to 2016, below if not current); \$25 non-members/guests; Reservations to be received by Treasurer Renee Sheehan by Wednesday, Nov 25.

Where: The Brass Door, 2154 San Ramon Valley Blvd, San Ramon; 925 837-2501; plenty of parking in lot

WINTER 2015 LUNCHEON RESERVATION – Tuesday, December 1, 2015

Detach and mail to Renee Sheehan, 1236 Bay St Alameda 94501-3914, 510.522.0978; **To be received no later than Wednesday, November 25 (before Thanksgiving).**

Name: _____

Guests/s: _____

London Broil# _____ Chicken Picatta# _____ Salmon# _____ Vegetarian Pasta# _____

Payment: Member @\$20 = _____; Non-member/Guests @\$25= _____; **Total = \$** _____

Check payable to BANNCA- memo "December 2015 Lunch"



Recent BANNCA Activities 2015:

*BANNCA Spring (June) Lunch & Guided Tour of Mare Island



Historic Park. Our private guide shared insights into the artistic and military background of historic St Peter's Chapel with its 25 magnificent Tiffany stained-glass windows, lifestyles of senior officers inside the Admiral's Mansion on Officers Row, and the historical evolution of one of the oldest West Coast Naval installations. After a catered lunch and a brief business meeting, we were free to explore the spacious Artifacts Museum. Amongst the expertly curated exhibits are WWII / Korea era uniforms of our member

Beverley Hoellworth, who delighted us with some of her favorite stories at lunch.



*ONGOING: Quilts of Valor. Expert and novice quilters from our ranks are making pillow cases and elaborate quilts to be presented to honor injured and special Veterans, under the tutelage of Amador Valley Quilters. Pictured are MaryEllen Quinn, our Coordinator, with Renee Sheehan bringing much experience also.



Fall 2015 and Activities for 2016

*ONGOING: Quilts of Valor(QOV). Amador Valley Quilters (AVQ) monthly sessions are third Sundays 12-5pm at the Masonic hall 3370 Hopyard Rd, Pleasanton.

<http://www.amadorvalleyquilters.org/quilts-of-valor>. You may participate in a single or multiple sessions. All skill levels are welcome, with plenty of instruction and support provided. To take part in the QOV project through BANNCA, contact our liaison Mary Ellen Quinn (see Officer contact info) and sign up with AVQ so they can anticipate supplies. BANNCA has made a donation to AVQ to offset the cost of materials, which was presented by Mary Ellen.



*NOVEMBER 7, 2015: All-Service Women Veterans Lunch, His Lordships Restaurant, Berkeley Marina, 11:30-3:00. BANNCA is sponsoring a resident of the Yountville Retirement Home. Full details were sent with flyer attachment in our late July interim update. Reservations were due with menu selection (\$45) by Oct 26. Keynote Speaker is Lindsey Sin, CalVet Deputy Secretary for Women Veterans Affairs. Contact for further info is Jo Lawrence, jal140@aol.com.

*ONGOING: Naval Hospital Oakland Exhibit Project, Alameda Naval Air Museum. Donate your memorabilia to a location where the public can enjoy it! Following our June 2014 visit, the idea to refresh the "Sick Bay" Naval Hospital Oak Knoll exhibition <http://www.alamedanavalairmuseum.org/Default.aspx> was discussed. Bonnie Bouey is our Liaison, and will be working with Larry Pirack, Museum Curator, for approval of donations and Charitable Donation Tax forms. All donations and work parties shall be coordinated through her. Potential donation items (e.g. uniforms, patient supplies, medical equipment, plaques, hospital logos, event

commemorations, etc.) must be approved prior to donation by providing Bonnie with a description/photo. Work parties will be scheduled in the future. Contact Bonnie now if you'd like to participate in fixing up those Medical Spaces, and dates will be arranged.

***APRIL 27-30, 2016:** NNCA Homecoming Reunion Meeting, Newport RI – the next big NNCA Reunion. The biannual 'reunion' meetings are oriented towards offering tours and additional opportunities for socializing, beyond business meetings. Special hotel rates are now available – see NNCA website for more information.

***JUNE 2016: BANNCA Summer Meeting** – contact any Board Member with ideas, and we'll consolidate planning at the Winter Luncheon. Share your thoughts on these proposals – a tour, combining a service project with lunch, or a speaker. Participation and involvement of members will guide our direction.

--Tour of the Rosie the Riveter WWII Home Front National Historical Park, Richmond.

<http://www.nps.gov/rori/index.htm>. Our group can view the film and explore the highly regarded Visitor Education Center along the waterfront. Casual lunch at a nearby restaurant is suggested. Optional follow-on visit to the Red Oak Victory ship for those desiring.

--Assembly / Delivery of Care Packages for Veterans in medical facility / in need. This project will require 1) Liaison/s to a Clinic, Hospital, or Residential setting serving Veterans (e.g. VA) that would benefit from our collecting and delivering Care Packages, and determining appropriate content. 2) 'Shoppers' to obtain items. 3) Delivery Teams to go to identified sites after assembly by General Membership.

--Speaker / Alternate casual meeting locations (home, Community Meeting Room).

***SEPTEMBER 2016 Dates TBD: East Bay Stand Down** – BANNCA will again plan to work together at this biannual encampment at the Alameda Fairgrounds, Pleasanton, where Veterans in need are provided with multiple social, medical, dental, legal, and rehabilitative services over 4 days. All of our members and their families who have taken part previously are looking forward to returning. Currently serving Nurses may work in Medical, while others may staff Activities Center and onsite transport. Look for online signups in June at <http://www.eastbaystanddown.org/index.html>.

Membership Renewals: Membership years for NNCA run May-May. Dues for BANNCA remain just \$5/year; National is \$35 renewal/\$40 new or lapsed. All our members are paid through May 2016 (May 2017 if multiple years paid, or already paid in advance – as some of you are!). You can verify your expiration after creating a Login and entering the NNCA website, by looking at the Membership Directory provided by Bonnie, or by asking Bonnie. In December, we will offer in-person renewals with pre-filled forms for BANNCA & NNCA. If you are RENEWING – membership will add onto your existing year, extending to May 2017. If you are NEW or LAPSED – 1) membership can be held until February, and then is good until May 2017 or 2) immediate membership privileges (e.g. NNCA member access) with May 2016 expiration – your choice. Let's continue to reach out to our colleagues and encourage them to join us in friendship, fun, service, and preserving the legacies of Navy Nursing. We enjoyed tremendous growth in membership this year.

News -Updates and Opportunities:

***Opportunities for BANNCA Involvement** – is one of these a good fit for your talents? Chat with any Board member to join in.

--Affiliate Veteran/Military Group Liaisons to our Chapter – providing ongoing input to ExecBd and Members, Liaisons act as resources on local activities of interest, including MOAA, ROA, DVA Services, AUSN, Oak Knoll Reunion group, Naval War College, Navy League, Vietnam Veterans Diablo Valley, All Service Women Veterans Group, American Legion. We welcome your sharing of useful information from local affiliates, with your understanding that we do limit mail / messages to membership.

--BANNCA Executive Board Membership – guide activities of the Chapter.

--Note: Minutes of General Membership and Executive Board meetings are available from the Secretary on request.